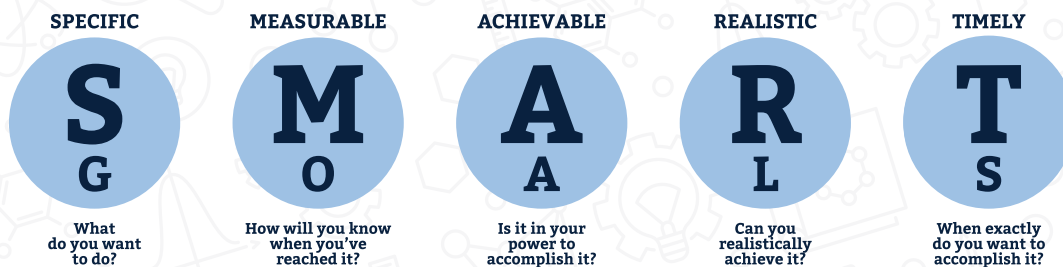




Growth Mindset

Activity: Think of times when you or someone else had a fixed mindset about something. Pull cards from the Growth Mindset card deck or develop your own fixed mindset phrases to fill in the empty speech bubbles on the left with those fixed mindset thoughts. Write what a growth mindset thought would look like in the speech bubbles on the right. Using the table below, set one goal for yourself.



List one goal that you want to accomplish below.	What steps will you take to accomplish your goal?	How will you know when you have accomplished your goal?