

HEIGHT & WINGSPAN

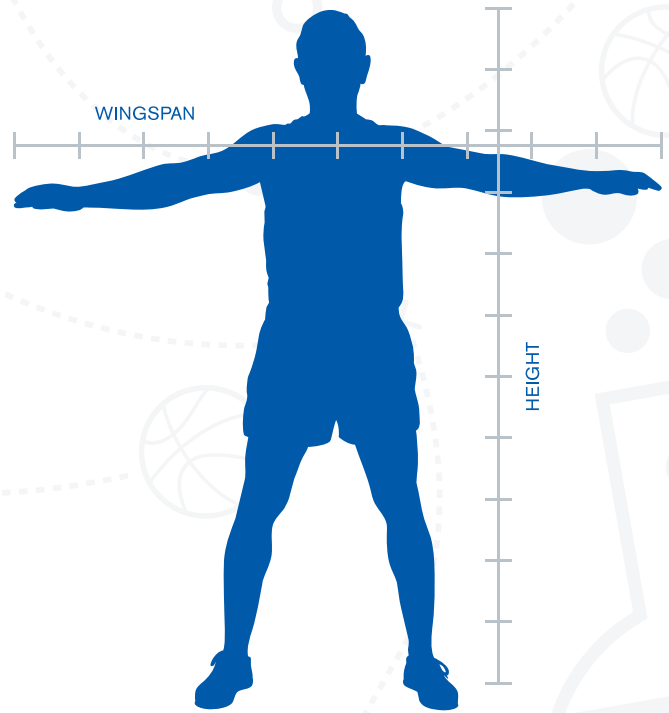
Description: The average height of an NBA player is 6 feet 6 inches. Their wingspan, however, can be different from their height. Wingspan is the distance between a player's outstretched fingertips. Below you will explore if your height & wingspan are the same or different.

Compare your height and wingspan to a New York Knicks player.

Activity: Stretch out your arms to the side and measure your wingspan (from fingertip to fingertip). Stand up straight and measure your height from the bottom of your foot to the top of your head.

My wingspan measures _____ inches.

My height measures _____ inches.



Scholar Athletes - Height vs. Wingspan

