

Formations

Description: A formation is an arrangement of players positioned on a soccer field. You will learn about the different types of soccer formations and where each player stands on the field.

Activity: Use this worksheet to answer questions about soccer formations.

Part 1: Draw different player formations and their positions to make your own formations using 11 players. Mark players as an "X."

Part 2: Graph the location of each player on the field and identify the x- and y-coordinates of their precise location.

Hint: Goalkeeper is not included in formation. Remember to line your players up with a backline, middle line, and front line. Make sure your players are spread out to cover the entire area of the field.

Various Formations:

4 - 4 - 2 | 4 - 2 - 3 - 1 | 4 - 3 - 3 | 3 - 5 - 2 | 3 - 4 - 3

NOTE: Each tick mark below equals 5 yards.

3 - 5 - 2 Formation ● DEFENDER ● MIDFIELDER ● FORWARD

